# INDIVIDUAL & COUPLES COUNSELING

Take heart, while the journey through the infertility process may be long and lonely, there is help. You do not have to travel the road alone, there are people ready and willing to walk with you.

Individual and couple's counseling can provide a safe and caring environment in which to share your experience. Our knowledgeable and compassionate therapists can assist you in navigating this difficult road in the healthiest way possible.



West Little Rock Conway North Little Rock Benton White Hall Bentonville

# CHENAL THERAPY

## INFERTILITY COUNSELING





CONTACT US

501-781-2230

CHENALTHERAPY.COM



THIRD-PARTY
REPRODUCTION
EVALUATIONS

### INFERTILITY COUNSELING



#### THIRD-PARTY REPRODUCTION EVALUATIONS

Third-party Reproduction Consultation and Evaluation services are for individuals or couples that are considering or have already decided to utilize a third party (sperm donor, ovum/egg donor, gestational carrier, or donated embryos) to build their family.

Now available in the following offices: Conway, West Little Rock & Benton



### WHY COUNSELING?

As one might expect, infertility places a great deal of emotional strain on individuals and couples. Due to the complexity created by infertility, a mental health professional specially trained in dealing with the impacts is not only helpful but often necessary.



### WE CAN HELP.

## YOUR REPRODUCTIVE STORY MATTERS

Maybe you knew that you wanted two children - maybe you'd already chosen potential names. You may have envisioned what sports or activities you're family would be involved in. These are all normal parts of your reproductive story, the one you'd imagined in your role as a parent.

When infertility or pregnancy loss occurs, it can be traumatic and emotionally overwhelming. This was not how your story was supposed to be.

Counseling can provide a step toward healing those feelings. If you're experiencing guilt, grief, inadequacy, anxiety, depression, or relationship conflicts, we are here and we understand.

Experienced counselors who specialize in infertility.

To ask a question or schedule an appointment: (501) 781-2230